

What to expect from your Discovery Call

Thank you for booking a phone call with me, I'm really looking forward to talking to you. It will be an opportunity for each of us to find out about the other, for me to hear about what brings you to coaching and for us both to decide whether I will be a good fit for you.

Shirley Collier



The process

Time to think...

Ahead of our call, consider these questions:

- What's going on for you at the moment?
- Are you passionate about your work?
- Do you feel purposeful?
- Which aspects of work are most rewarding?
- Where do you see yourself in 5 years' time?
- How do you feel about change?

The whole person

Although I coach and mentor people at work, I am interested in the whole person – who you are outside work, and the impact this has. Ahead of our call consider which aspects of your life are particularly positive (or negative), the experiences which have shaped you and how these affect you at work.

Am I the best coach for you?

Understanding what you want to get from coaching is key so we'll discuss the challenges you're facing right now, and what you would like to change. The aim is to discover if I'm the right person to help get you where you want to be. If I am, I'll explain how we can work together to achieve your goals.

Questions

- What is it like to be coached by me?
- How much will it cost?
- Have I worked with people like you before?

I understand you may have questions like this, and will happily answer as many as I can so we both get all the information we need to make a decision about working together.

Still to book your Discovery Call?
Visit www.shirleycollier.co.uk to book online